











# 10 Small Steps From Vision Screening to the Eye Exam and Possible Treatment for Big Vision . . .

## The Best Vision Possible for Your Child



-  1. You may be required to sign a piece of paper giving permission for the vision screener to screen your child's vision.
-  2. Your child receives a vision and eye health screening.
-  3. Your child either passes the vision screening or is referred for an eye exam because your child did not pass the vision screening or has a sign or symptom of a vision problem.
-  4. Depending on whether you can schedule an eye exam yourself – or if you need a referral from your child's medical provider – you make an appointment with an eye doctor for an eye exam.
-  5. Someone (you or another family member) takes your child to the eye doctor for an eye exam.
-  6. The eye doctor says your child's vision is okay and you return in a year ... **OR** ... the eye doctor says your child's vision is not okay and prescribes treatment, such as wearing glasses or an eye patch.
-  7. You buy the glasses, or use a resource for free glasses, or do whatever else the eye doctor suggests.
-  8. You continue following the eye doctor's treatment plan – for example, do not give up if your child will not wear the glasses or eye patch.
-  9. You give a copy of your child's treatment plan to the person who screened your child's vision so teachers and others in your child's classroom support the treatment plan.
-  10. You follow your eye doctor's schedule to make and attend appointments for ongoing eye exams and follow-up care.



"Small Steps for Big Vision" is an initiative of the National Center for Children's Vision and Eye Health at Prevent Blindness ([www.nationalcenter.preventblindness.org](http://www.nationalcenter.preventblindness.org)). For more information, contact: [info@preventblindness.org](mailto:info@preventblindness.org)

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