Resources for Follow-Up Eye Treatment

This resource guide has been developed in order to provide information to individuals, health departments, social workers and school nurses regarding resources available to assist in securing eye care for those in financial need throughout our state.

Prevent Blindness North Carolina is a non-profit voluntary health agency dedicated to preventing blindness, preserving and restoring sight and promoting good vision for all.

4011 WestChase Blvd., Suite 225
Raleigh, NC 27607-3978

919.755.5044 Office
800.543.7839 Toll-Free
919.755.5013 Fax

nc.preventblindness.org
### Medicaid (Health Check)

- **Income:** Up to 185% of Poverty Level
- **Covers:** Exams, glasses and other medically necessary services
- **Ages:** All Health Check (0-5 years)
- **Eligibility:** NC resident, US citizen or qualified immigrant
- **Information:** Care Line 800.662.7030
  EDS 800.688.6696
  www.dhhs.state.nc.us/dma
  Click: Consumer Links or Programs

  - Applications can be requested by phone but must be filed with the Department of Social Services in the county of residence.
  - Medicaid is funded by the federal government and the state of North Carolina. It provides free health insurance to children whose families cannot pay for private insurance.

### Medicare

- **Income Level:** All
- **Ages:** 65 and Older
- **Information:** Care Line 800.633.4227
  www.medicare.gov

  - Medicare does not cover routine eye exams.
  - Annual eye exams are covered for diabetic retinopathy.
  - Individuals with diabetes, family history of glaucoma, African-Americans over 50, or Hispanics over 65, are eligible for an annual glaucoma screening.
  - Cataract surgery is covered at 80% of the Medicare-approved amount after yearly deductible. Patients who have had cataract surgery with intraocular lens may receive assistance in paying for cataract glasses, contact lenses or intraocular lenses based on medical necessity.

Tabatha was identified in a kindergarten mass vision screening. Her parent was glad that vision problem was discovered so soon. Tabitha had her vision screened August 8, 2013 for her Kindergarten physical. At that time they documented that her vision was 20/20 in both eyes. I did my screening on May 5, 2014. She went to an eye doctor and received glasses and was told to patch the stronger eye 2-3 hours every day. The teacher says that Tabitha says that now that she has glasses, the eye that she couldn't see well out of, she can now see as well in that eye as the other eye.

Claudia Bunch, Perquimans County School Nurse

Brandi was identified in a mass screening as needing an exam. She then went to an eye doctor and received glasses. Her parents now say her attitude has improved as well as her motivation. She has shown an increase in her motivation to complete a task. Her teacher says she now appears on task and attentive and has been successful in her academic studies.

Ashley Hunt Seals, Robeson County School Nurse

Deja lost her glasses, but through the VSP program administered by PBNC she was able to get a new exam and glasses. Both the parent and student were very appreciative.

Tammy Barker, Rockingham County School Nurse

Tristan was identified by HOSA students in a mass screening as needing an eye exam. He went to see a doctor and received glasses. Mom is the Baptist Hospital Helicopter Director RN. She was floored she had not picked up on the vision problems and very appreciative of us finding the problem. Child was amazed to see the individual leaves on the trees and read signs he couldn't before. Mom was totally amazed.

Tammy Whit, Surry County School Nurse
**Success Stories:**

Logan went through a mass screening and was referred to see an eye doctor. Through PBNC’s VSP program he received an exam and glasses. The student now says he can see the board.

Sue Ellen Cottle, Duplin County School Nurse

Kristen was referred to see an eye doctor through a mass screening. The eye doctor prescribed eye patching and the school nurse worked closely with Kristen and the eye doctor to ensure she was consistent in wearing the patch. Her parent was very supportive and thankful for identifying this problem during the mass screening and for early intervention.

Sarah Webb, Edgecombe County School Nurse

Maria received a screening was referred for an eye exam; through the exam she received glasses. Her parents said “She was so excited that she could see so clearly with her new glasses”

Melba Millsaps, Graham County School Nurse

Aaron was identified by his teacher as needing a screening; he was then screened and referred to an eye doctor where he received glasses. His teacher says he is now doing much better with reading.

Tabatha Gibson, Montgomery County School Nurse

Dalton was referred through a mass screening and the school nurse informed his parents about the VSP assistance program. Dalton used a VSP voucher and received an exam and glasses. His parent was extremely grateful for the voucher for assistance. They were unaware of such assistance. Having a school nurse facilitate was helpful as well. His teacher reports that he has an improved attention span, confidence, and classroom participation. Dalton was very proud of his glasses. He received a free hard glasses case from the school nurse. He took good care of his glasses and loved to keep them clean and ready to go.

Nash County School Nurse

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**Children’s Health Insurance Plan (Health Choice)**

- **Income:** Up to 200% of Federal Poverty Level and ineligible for Medicaid
- **Covers:** Exams, glasses and other medically necessary services with prior approval
- **Ages:** Birth to 19 years
- **Information:**
  - 800.367.2229—Healthy Start
  - 800.662.7030—Children’s Health Insurance
  - www.nchealthystart.org
  - Click: Child Health Insurance

- **North Carolina Health Choice is a program for children funded by the federal government and the state of North Carolina. This program provides low-cost insurance to children whose families cannot pay for private insurance and who do not qualify for Medicaid.**

- **English and Spanish applications are available online or at county Health Departments and DSS offices.**

- **Proof of income and child’s age are required.**

- **The same application is used for Medicaid (Health Check) and NC Health Choice programs. Determination of eligibility will be made by the Department of Social Services in the county of residence.**

- **This program is administered by Blue Cross Blue Shield.**

- **Children will be enrolled on a first come-first served basis.**

- **Children must have valid Social Security numbers.**
Prevent Blindness North Carolina

In collaboration with local and national partners, Prevent Blindness North Carolina administers four programs offering financial resources to applicants who qualify under the specific guidelines of each program.

To apply for youth resources an individual must register as a Referring Agent and then the applications can be filled out online. Program details can be accessed via the PBNC website: http://nc.preventblindness.org/financial-resources

The application will be reviewed to determine eligibility. Prevent Blindness will select the most beneficial program available.

Further information regarding these programs is available by calling 919.755.5044 or 800.543.7839.

An overview of each program follows:

**Vision Service Plan (VSP)**

**Sight for Students**

- **Income:** Up to 200% of Federal Poverty Level with no Medicaid, Health Choice or vision coverage
- **Covers:** Exams and glasses, if prescribed; no contact lenses
- **Eligibility:** Child must be a US citizen with a SS# or parent must be a US citizen with a SS#. Individual taxpayer ID numbers (ITIN) are not acceptable
- **Ages:** Child must be 20 years or younger and still enrolled in school

- Financial eligibility is self-declared by parent.
- Children are eligible to use one voucher within a 12-month period.
- No cost to family unless cosmetic option is purchased.
- Services must be provided by a VSP participating provider.
- A list of providers is available online at www.sightforstudents.org
- Only VSP Choice Network providers offering Altair frames can provide services to gift certificate recipients

Who We Are And What We Do

Prevent Blindness conducts direct service screening programs, public and professional awareness campaigns and research. Our direct service programs include:

**Kenneth Royall Children’s Vision Screening Improvement Program** During the 2013-14 school year, Prevent Blindness trained and certified 3,019 vision screeners in 171 workshops and as a result, 500,891 school children were screened. Of the children screened, 37,974 were referred to eye care professionals for possible vision problems.

**Preschool Screening Program** During the 2013-14 year, Prevent Blindness offered photorefractive screenings to preschoolers in 28 counties and screened 24,062 preschoolers. Of the preschoolers screened, 2,398 were referred to eye care professionals for possible vision problems.

**Adult Vision Screening Program** Prevent Blindness conducts adult vision screenings at community heath centers, free clinics, health fairs, senior centers, corporations, and the NC State Fair. During 2013-14, Prevent Blindness screened 5,535 adults and referred 761 to eye care professionals for possible vision problems or eye disease.

**Sight For Students Voucher Program (VSP)** This program targets “gap” children up to the age of 18 and still enrolled in school. Services include a free eye exam and eye glasses, if prescribed by a participating VSP doctor. During the 2013-14 school year, Prevent Blindness distributed 579 vouchers to North Carolina children. The average value of each voucher was $141 making the program value to North Carolina total almost $81,639.

**VSP Mobile Eyes Program** The program provides free vision exams and glasses to low-income, uninsured adults. During the 2013-14 year, Prevent Blindness distributed 1,252 vouchers to North Carolina adults. The average value of each voucher was $200 making the program value to North Carolina total almost $250,400.

**Donor Docs Program** Donor Docs is an all-volunteer program of optometrists and ophthalmologists across the state of North Carolina. Vision exams and in some cases, glasses are provided for uninsured children/adults who are referred for a comprehensive eye exam. During the 2013-14 year, 161 doctors volunteered to donate 499 eye exams and 344 eyeglasses to help school children and adults in North Carolina. That is an estimated value of $84,300 worth of exam and glasses donations.

**Healthy Eyes Program** In January 2010, Prevent Blindness America and OneSight, launched the Healthy Eyes Program, a new collaborative effort to provide eyeglasses for children and adults. During the 2013-14 school year, 240 children and 12 adults were served through this program at an estimated value of $25,800.
**Additional Resources**

- **NC Library for the Blind and Physically Handicapped**
  888.388.2460 or 919.733.4376 or statelibrary.ncdcr.gov/lbph/index.html

- **NC Division of Vocational Rehabilitation Services**
  800.689.9090 or 919.855.3600

- **NC Division of Services for the Blind**
  866.222.1546 (Spanish 800.622.7030) or www.ncdhhs.gov/dsb

- **NC Council on Developmental Disabilities**
  800-357-6916 or 919.850.2901 or www.nc-ddc.org

- **Mission Cataract USA**
  www.missioncataractusa.org

- **Lighthouse International**
  800.829.0500 or www.lighthouse.org

- **National Eye Institute**
  301.496.5248 or www.nei.nih.gov

**VSP Mobile Eyes**

**Program for Adults**

- **Income:** Family income is not more than 200% of Federal Poverty Level with no Medicaid, Medicare or other vision coverage
- **Covers:** Exams and glasses (not contacts), if prescribed from a VSP Choice Network participating doctor
- **Ages:** Applicant is 18 years old or older
- **Eligibility:** Available to PBNC Partner organizations
  - Applicant is a US citizen or legal immigrant with SS#
  - Tax ID numbers are not acceptable

  - Applicant has not used the VSP Mobile Eye program during the past 12 months.
  - Services provided at no cost to families unless a cosmetic option or other extra is purchased.

**Donor Docs**

- **Income:** Up to 250% of Federal Poverty Level with no Vision insurance or vision coverage under Medicaid, Health Choice or Medicare
- **Covers:** Exams and possibly glasses, depending on donor
- **Ages:** Children and adults from PBNC partner organizations
- **Eligibility:** No SS# required

  - Donor Docs is a voluntary group of NC optometrists and ophthalmologists who donate specific services.
  - Access to services of a Donor Doc is dependent upon the local providers and may not be available in all communities.
  - Financial eligibility is self-declared by parent or adult.
  - The match for services will be coordinated through the PBNC office.
  - Approved applicants will receive a notice of approval and doctor assignment via a letter notification from PBNC.
Healthy Eyes (OneSight)

- Income: Up to 200% of poverty level with no other eyeglass benefits accessible at the time
- Covers: **Glasses only**—No eye exams
- Ages: Children and adults from PBNC partner organizations
- Eligibility: No SS# required

- Financial eligibility is self-declared.
- Prescription must be less than 1 year old.
- Youth are encouraged to get an annual eye exam and updated prescription before applying.
- Vouchers available once every two years unless there is a change in the prescription or eyeglasses are damaged beyond repair.
- No upgrades in frames or lenses will be permitted.
- Children up to age 12 will receive polycarbonate lenses.
- Once the recipient has been approved and received a referral card, an appointment must be made at one of the following provider locations: LensCrafters, Sears Optical, Target Optical, or corporate Pearle Vision.
- It is the responsibility of the recipient to verify the provider is participating in the OneSight Program.

The following are additional community vision resources that are not affiliated with Prevent Blindness North Carolina.

**North Carolina Foundation for Public School Children**

- Income: No income requirements
- Covers: Eye exams OR Eyeglasses, **not** both once per calendar year
- Ages: All children enrolled in public school K-12, at least 30 days of the school year in order to receive services
- Eligibility: US citizenship is not required
- Information: 800.662.7924 or 919.832.3000 ext. 205
  Contact: derevana.leach@ncae.org

- School staff must request assistance on behalf of the child. Parents are not to seek applications or contact the office.
- Applications can be accessed by school staff on the NCFPSC website at: ncfpsc.org. Click on “Programs” and the “Children's Fund” to retrieve, complete and submit the application.

**Medication Assistance Programs & Services (Cont’d)**

- **Alcon US Patient Assistance:**
  800.222.8103 or www.alcon.com (Alcon Cares, Inc.)
- **Merck Helping Patient Assistance Programs:**
  800.727.5400 or www.merckhelps.com
- **Novartis Patient Assistance:**
  800.245.5356 or www.patientassistance.com
- **Pfizer Helpful Answers:**
  866.706.2400 or www.pfizerhelpfulanswers.com

**Medicare Prescription Drug Coverage**

- Medicare prescription drug coverage provides protection for individuals who have very high drug costs.
- This insurance covers both brand-name and generic prescription drugs at participating pharmacies in your area.
- Medicare recipients are eligible for this coverage regardless of income and resources, health status, or current prescription expenses.
- Visit www.medicare.gov for more information about Medicare prescription drug plans.
- If you have limited income and resources, you may qualify for extra help and may not have to pay a premium or deductible. Costs will vary depending on which drug plan you choose.
- For more information, visit socialsecurity.gov or by calling 800.772.1213.
Medication Assistance Programs & Services (Cont'd)

Partnership for Prescription Assistance

- PhRMA’s (Pharmaceutical Research and Manufacturers of America) PPA Program assists qualifying patients who lack prescription coverage access to the medicines they need through appropriate public or private programs.

- To access, call 888.477.2669 or visit www.pparx.org for more information.

RxHope (Allergan)

- A web portal for physicians/patients to submit applications for patient assistance.

- Applications must be submitted in cooperation with a physician.

- For additional information, visit www.rxhope.com or call 800.553.6783.

Together Rx Access Card

- The Together Rx Access™ Card was created to help qualified individuals and families without prescription drug coverage.

- This program assists individuals who are not eligible for Medicare, save on brand-name, generic, or other prescription products.

- For more information regarding eligibility, call 800.444.4106 or visit www.togetherrxaccess.com

The Medicine Program

- This web-based Patient Advocate Organization assists individuals as they enroll in one or more patient assistance programs providing prescription medicine free of charge to those in need.

- Patient must meet the sponsor’s criteria; program is conducted in cooperation with the patient’s doctor.

- For additional information, visit the website at www.themedicineprogram.com

North Carolina Lions Foundation, Inc.

- Covers: Exams and glasses and other items deemed medically necessary

- Ages: 6 and up

- Eligibility: Must be a NC resident for two years

- Information: 800.662.7401, 828.478.2135 or www.nclf.org

- North Carolina Lions Clubs have been active and generous with both their time and gifts throughout North Carolina.

- Contact your local Lions Club regarding funding for an eye exam or eyeglasses. Resources will vary from club to club.

Vision USA

- Income: Below established guidelines based on household size

- Covers: Comprehensive Eye Exams w/ Dilation

- Ages: All

- Eligibility: Must be a US Citizen or legal resident

- Information: 800.766.4466

http://www.aoafoundation.org/vision-usa/

- Application must be submitted online at www.optometristscharity.org/vision-usa by a referral agency (Eg. Social Worker or Health Department Representative)

- General eligibility requirements include:
  - No Medicare/Medicaid or other insurance to cover eye exam
  - Applicant has not had an eye exam within past 2 years.
  - Applicant has not used this program within past 2 years.
  - Proof of income is required for each applicant
  - Max of 4 applicants per household per year

- If an individual or family is eligible, they will be matched with a volunteer doctor who will provide a comprehensive eye exam at no charge. The doctors are donating their services; as a result resources may be limited in some areas.

- Eyewear may also be provided at no cost or for a small fee or donation in some states. Does not include exams for fitting of contact lenses.
**LensCrafters**

- **Income:** Case by Case,
- **Covers:** See Program Descriptions
- **Ages:** Children and Adults
- **Information:** Call your local LensCrafters location or www.onesight.org 1.888.935.4589 (One Sight)

**Community Vision Care**

- Once a month, participating LensCrafters retail stores in partnership with optometrists and ophthalmologists provide free or discounted eye exams and new glasses to those in need within their local communities.
- Contact your local LensCrafters to find out if the Community Vision Care program is available in your community

**In-store Programs**

- Please see page 6 for the process to be used in accessing assistance from the Healthy Eyes (OneSight) Program at LensCrafters through application to Prevent Blindness North Carolina.

- **This Program is for free eyeglasses only.**

Or

- Contact a local Luxottica (LensCrafters, Sears Optical, Target Optical, corporate Pearl Vision) store manager / OneSight Captain to build a local partnership.

**Medication Assistance Programs & Services**

**Benefits Check Up**

- A comprehensive web-based service to screen for benefits/programs for seniors with limited income and resources.
- This program strives to find public/private programs to pay for prescription drugs, health care, rent, utilities and other needs.
- For additional information, visit the website at www.benefitscheckup.org

**NeedyMeds.com**

- Provides a no-cost service to assist individuals in locating patient assistance programs by the name of the drug, program or company.
- Additional databases include information on disease-based assistance, discount drug cards, government programs and programs for children.
- For additional information, visit www.NeedyMeds.org

**NC MedAssist**

- NC Med Assist is a statewide non-profit pharmacy that provides free prescription medicines to low-income, uninsured North Carolinians
- Must be an NC resident, Income must be at or below 200% of the Federal Poverty Level and cannot have Medicare, Medicaid, VA benefits or any other prescription drug insurance.
- To apply visit www.medassist.org, or call toll free 1-866-331-1348 or 704-536-1790
- The required documents are an enrollment application, current income information, last Federal tax return, and written prescriptions from your doctor.

**RxAssist**

- A comprehensive database of assistance programs and tools for healthcare professionals and patients.
- The website provides resources on the use and understanding of the programs and materials tailored to providers and consumers regarding medication access.
- For additional information visit the website www.rxassist.org, or send an email to info@rxassist.org.
New Eyes for the Needy

- Income: At or below US poverty guidelines
- Covers: Basic glasses with single or bifocal lenses
- Ages: Children and adults
- Information: www.new-eyes.org

- Must have had a recent exam and have no resources to pay for glasses. All other programs and organizations must be explored first.
- Applications available through participating social service agencies or a school nurse
- In order to service all applicants from North Carolina, New Eyes is establishing a new procedure specifically for residents of North Carolina. An online eyeglass retailer, Marvel Optics, has partnered with New Eyes to enable North Carolina applicants to receive new eyeglasses efficiently and quickly without being placed on a waitlist. Applicants who choose not to participate in this program will be placed on a waitlist for a traditional voucher. Waitlist times will vary from 4 weeks to 6 months depending on the demand for vouchers and New Eye's funding.

- This resources must be accessed via a social worker.

Eye Clinics

- UNC Department of Ophthalmology, Chapel Hill, NC
  For general information, call 919.966.5296
  To schedule an appointment, call 919.966.5509

- Low-cost eye exams—$150 internal and external eye exams with dilation and prescription.
- Financial assistance for medically necessary eye surgery for people of all ages, depending on ability to pay.
- Income verification is required.
- Routine eye exams, glasses or contacts are not covered.

Eye Care America

- Income: Call 1.800.222.3937 to qualify
- Covers: Comprehensive Eye Exams with Dilation
- Ages: Adults—See Criteria Below
- Information: www.eyecareamerica.org

- Age 65 or older and have not seen an eye M.D. in three or more years may be eligible to receive a comprehensive, medical eye exam and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Volunteer ophthalmologists will waive co-payments and accept Medicare and/or other insurance reimbursement as payment in full. Patients without insurance receive this care at no charge.
- Those at increased risk for glaucoma (by age, race and family history) and have not had an eye exam in 12 months or more may be eligible to receive a free glaucoma eye exam if uninsured. Those with insurance will be billed for the exam and are responsible for co-payments. The initiation of treatment is provided, if deemed necessary by the doctor during the exam.
- Necessary services for care such as hospitals, surgical facilities, anesthesiologists and medications, are beyond the scope of EyeCare America services. The ophthalmologist is a volunteer who agrees to provide only services within these program guidelines.
- Some eye conditions may affect vision as though eyeglasses are needed, when actually, the medical care of an ophthalmologist is needed. **EyeCare America provides this medical eye care, only.** The program does not provide eyeglass prescriptions, eyeglass/refraction exams (the prescription part of exam) or cover the cost of glasses.
- Please discuss cost and scope with the doctor **BEFORE** the examination.
- The qualification process can be accomplished by phone at the above listed phone number or online at www.eyecareamerica.org
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<tr>
<th>Organization</th>
<th>Contact Number</th>
<th>Income Level</th>
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<tr>
<td>Medicaid (Health Check)</td>
<td>800.662.7030</td>
<td>Up to 185% of Poverty Level</td>
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<tr>
<td>Health Choice</td>
<td>800.367.2229</td>
<td>Up to 200% of Poverty Level</td>
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<tr>
<td>Division of Services for the Blind</td>
<td>866.222.1546</td>
<td>Up to 100% of Poverty Level</td>
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<tr>
<td>Prevent Blindness North Carolina</td>
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<tr>
<td>VSP Sight for Students</td>
<td>800.543.7839</td>
<td>Up to 200% of Poverty Level</td>
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<tr>
<td>VSP Mobile Eyes</td>
<td></td>
<td>Up to 200% of Poverty Level</td>
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<tr>
<td>Donor Docs</td>
<td></td>
<td>Up to 100% of Poverty Level</td>
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<tr>
<td>Healthy Eyes (OneSight)</td>
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<td>Up to 100% of Poverty Level</td>
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<tr>
<td>North Carolina Foundation for Public School Children</td>
<td>800.662.7924 Ext 205</td>
<td>All</td>
</tr>
<tr>
<td>North Carolina Lions Club</td>
<td>800.662.7401</td>
<td>Case By Case</td>
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<td>LensCrafters’ ONEDAY Event</td>
<td><a href="http://www.lenscrafters.com">www.lenscrafters.com</a></td>
<td>Case By Case</td>
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<td>Eye Care America</td>
<td>800.222.3937</td>
<td>Case By Case</td>
</tr>
<tr>
<td>Vision USA</td>
<td>800.766.4466</td>
<td>Based on Income and Size of Household Must provide income verification</td>
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<thead>
<tr>
<th>Items Covered</th>
<th>Who is Eligible</th>
<th>Ages Covered</th>
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<tbody>
<tr>
<td>Exams, glasses and other medically necessary services with prior approval</td>
<td>NC Residents, US citizens and qualified immigrants</td>
<td>0-5 years</td>
</tr>
<tr>
<td>Exams, glasses and other medically necessary services with prior approval</td>
<td>US citizens and qualified immigrants</td>
<td>6 to 19</td>
</tr>
<tr>
<td>Cataract surgery’s only with prior approval</td>
<td>US citizens or permanent residents</td>
<td>All</td>
</tr>
<tr>
<td>Exams and glasses, if prescribed</td>
<td>Child or parent with SS#</td>
<td>Up to 20 and still enrolled in school</td>
</tr>
<tr>
<td>Exams and glasses, if prescribed</td>
<td>Adults from PBNC Partner organizations</td>
<td>Adults from PBNC Partner org.</td>
</tr>
<tr>
<td>Exams and glasses, if prescribed and available in area</td>
<td>SS# not required</td>
<td>Children and Adults from PBNC Partner org.</td>
</tr>
<tr>
<td>Glasses ONLY (prescription must be current, as in less than 1 yr old)</td>
<td>SS# not required</td>
<td>Children and Adults from PBNC Partner org.</td>
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<tr>
<td>Exams or glasses (Not Both)</td>
<td>SS# not required</td>
<td>Children enrolled in public school, at least 30 days of the school year</td>
</tr>
<tr>
<td>Possibly exams, glasses and other medically necessary services—varies from chapter to chapter</td>
<td>Must be NC resident for 2 years</td>
<td>All</td>
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<tr>
<td>Exams and glasses</td>
<td>SS# not required</td>
<td>All</td>
</tr>
<tr>
<td>Medical Eye Exam</td>
<td>US citizenship required</td>
<td>65 years or older At Increased Risk (Family/ Race/ Age)</td>
</tr>
<tr>
<td>No eyeglass prescriptions or eyeglasses</td>
<td></td>
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</tr>
<tr>
<td>Comprehensive Eye Exam</td>
<td>US citizens or legal residents w/o insurance and no eye exams in the past 2 yrs</td>
<td>All</td>
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